

WISCONSIN BEHAVIORAL RISK FACTOR SURVEY, 2001

The 2001 Wisconsin Behavioral Risk Factor Survey (BRFS) provides information based on responses from 3,605 adults (age 18 and older). Results are weighted to represent the 2.8 million adults ages 18-54, and 1.2 million age 55 and older, living in Wisconsin households.

PERCEIVED HEALTH STATUS						
	<i>All Adults</i>		<i>18-54</i>		<i>55 +</i>	
	%	(+/-)	%	(+/-)	%	(+/-)
Health in general is:						
Excellent or very good	57	2	61	2	47	2
Good	32	2	32	2	33	2
Fair or poor	11	1	7	1	21	1
Number of days during the past 30 that your....						
...mental health was not good:						
0 days	60	2	53	2	75	3
1-5 days	26	1	30	2	14	2
6-30 days	15	1	17	1	10	2
...physical health was not good:						
0 days	62	2	62	2	62	3
1-5 days	24	1	26	2	18	2
6-30 days	14	1	12	1	20	3
...health kept you from doing your usual activities (persons with 1+ days poor mental/physical health):						
0 days	66	2	67	2	62	4
1-5 days	21	2	23	2	16	3
6-30 days	13	1	10	1	21	4

(+/-) = 95% confidence interval

TOBACCO USE/OPINION						
	<i>All Adults</i>		<i>18-54</i>		<i>55 +</i>	
	%	(+/-)	%	(+/-)	%	(+/-)
<b>Tobacco Use</b>						
Current cigarette smoker *	24	1	29	2	10	2
Percent of smokers who quit smoking 1 day or longer in past year	56	3	57	4	51	9
Former cigarette smoker	29	1	21	2	45	3
<b>Tobacco Opinions</b>						
Smoking in indoor work areas should be allowed:						
...without restrictions	1	<1	1	<1	1	<1
...only in designated areas	29	2	32	2	23	3
...not at all	70	2	67	2	76	2
Smoking in restaurants should be allowed:						
...without restrictions	1	<1	1	<1	1	<1
...only in designated areas	44	2	47	2	38	3
...not at all	55	2	52	2	61	3
OTHER RISK FACTORS FOR CHRONIC DISEASE						
Overweight (BMI) † *	59	2	56	2	66	3
No leisure-time physical activity in past month	21	1	19	2	25	3
Servings of fruits and vegetables consumed per day:						
...Less than 1	5	1	6	1	2	1
...1-2	37	2	43	2	23	3
...3-4	37	2	34	2	45	3
...5 or more	21	1	17	1	31	3
Health professional has ever diagnosed:						
Arthritis	25	1	14	1	49	3
Diabetes	6	1	3	1	12	2

\* See Technical Notes  
 † Body Mass Index

FINDINGS FOR SELECTED YEARS						
	<b>2001</b>		<b>1996</b>		<b>1991</b>	
	%	(+/-)	%	(+/-)	%	(+/-)
<b>Health Screenings</b>						
In the past year had....						
...cholesterol checked	48	2	42	2	47	3
...Pap smear (F)**	66	2	60	3	64	3
...clinical breast exam (F)	73	2	66	3	68	3
...mammogram (F 50+)	69	2	59	4	50	5
<b>Risk Behaviors</b>						
Current cigarette smoker	24	1	25	2	26	2
<i>Males</i>	25	2	28	3	31	4
<i>Females</i>	22	2	22	2	22	3
Overweight (BMI) † *	59	2	54	2	49	3
<i>Males</i>	66	2	63	3	60	4
<i>Females</i>	52	2	44	3	38	4
In the past month....						
...had 60 or more drinks	9	1	6	1	5	1
<i>Males</i>	11	2	12	2	10	2
<i>Females</i>	3	1	1	1	<1	<1
...had 5 or more drinks on one occasion	26	1	26	2	24	2
<i>Males</i>	37	2	38	3	35	4
<i>Females</i>	15	2	15	2	13	2
...drove after having too much to drink	5	1	6	1	6	1
<i>Males</i>	7	1	9	2	10	2
<i>Females</i>	2	1	2	1	3	1

\*\* Excluding women who have had a hysterectomy

TECHNICAL NOTES

The Behavioral Risk Factor Survey is a representative, statewide telephone survey of Wisconsin household residents 18 years and older. Results are based on self-reports from respondents who are selected through a stratified random sample. Results are weighted to account for both nonresponse and sample design, and to adjust for the age-sex distribution of Wisconsin’s population. The survey was designed by the Bureau of Health Information in cooperation with the U.S. Centers for Disease Control and Prevention. Survey sampling and interviewing were conducted by the University of Wisconsin Survey Center.

In 2001, 2,590 respondents were 18 to 54 years old, and 1,001 were 55 or older. There were 2,231 respondents in 1996 and 1,282 in 1991.

Columns labeled (+/-) indicate the 95% confidence interval associated with each estimate. For example, for all adults whose health is excellent or very good (56%), there is a 95% chance that the actual percentage falls within the range of plus or minus 2 percentage points (54%-58%).

- The Centers for Disease Control and Prevention provided the following definitions:
- **Overweight** is defined by the Body Mass Index (BMI), a calculation (weight in kilograms divided by height in meters squared) using self-reported height and weight. A BMI greater than 25.0 is considered overweight.
  - **Current smokers** are those who smoke currently, either every day or only some days, and have smoked more than 100 cigarettes in their lifetime.
  - A **drink** of alcohol is defined as one can or bottle of beer, one glass of wine, one can or bottle of wine cooler, one cocktail, or one shot of liquor.
  - The prevalence of **diabetes** is likely to be an underestimate because a significant proportion of adults have never been tested.

Differences in estimates between years, age groups, or sexes may not be statistically significant. For additional information about the BRFS, call Karl Pearson at 608-266-1920. For other health data, visit our Web site at <http://www.dhfs.state.wi.us/stats/index.htm>.

Health Counts  
in Wisconsin

New Findings from the Bureau of Health Information

BEHAVIORAL RISK  
FACTORS

2001